



LACTATION CONSULTANT

Working within the WKH Feeding Team

Examples of the breastfeeding issues we can assist with include:

- Positioning and attachment
- Sore/damaged nipples
- Attachment issues
- Low supply
- Nipple shield use
- Tongue Tie, oral assessments
- A vulnerable baby
- Engorgement, Blocked Ducts and Mastitis
- Induced lactation
- Twins/multiples
- Bottle feeding



Sarah can also offer women antenatal appointments during their pregnancy to provide education in preparing them for breastfeeding success. Antenatal consultations are also beneficial for any woman who has previously had difficulties with breastfeeding or supply, to establish a feeding plan.

*Victoria House
4 Thorburn Way
Shenton Park WA 6008
www.westernkidshealth.com*

SARAH KOCKEN

**Lactation Consultant - IBCLC
Clinical Midwife & Registered Nurse**

I have 10 years experience as a midwife and 5 years as a Lactation Consultant. I offer a holistic approach to lactation support, helping you navigate your transition to motherhood, feeding challenges & to encourage you to trust your maternal instincts.



**Scan QR Code to fill out
appointment request form!**